

In Face of the Perfect Storm

Navigating the Teen Years

- Wellness Fair on Successful Parenting
- Screening of 'The Valley,' a film by Saila Kariat
- Panel Discussion with experts from Stanford, Kaiser, Washington Hospital, and the S.E.B. Pediatric Medical Group
- RAFFLE Drawings: Win prizes from Apple, Fitbit and other giftcards for attendees
- Exhibits by wellness & health care providers and community organizations

Register early for FREE* tickets at:

www.basantnow.org/register

* Limited quantity of FREE Early Bird Tickets available after which Pre Registration online will be \$8.00; Tickets at the door will be \$10.00 Student & Senior discounts available online

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PANEL PARTICIPANTS:

WHERE AND WHEN?

LOCATION:

Mission San Jose High School Room C120 41717 Palm Avenue Fremont, CA 94539

DATE AND TIME:

Sunday, February 10th, 2019 2:00 - 6:00PM Check-in 1:30 PM; Movie at 2:15 PM; Panel at 4:15 PM

Sponsors:

Saila Kariat

Director, Writer and Producer of 'The Valley' Film

Dr. Helen H. Hsu, Psy.D. Staff Psychologist, Stanford Vaden Health Center

Dr. Anu Patel, PhD.
Child Psychologist, Kaiser, Fremont Medical Center

Dr. Seema Sehgal, M.D.
Psychiatrist, Washington Township Medical Foundation

Dr. Ali Hallaj-pour, M.D.

Pediatrician, South East Bay Pediatric Medical Group





